

# The CalorieKing Calorie, Fat & Carbohydrate Counter 2016: Larger Print Edition By Allan Borushek

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A calorie counter and nutrition facts database for tens of thousands of foods, including generic foods, brand name foods, and menu items from hundreds of fast food

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Jul 09, 2008 Bob Harper from The Biggest Loser tells why he likes CalorieKing's Calorie, Fat & Carbohydrate Counter book.

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The CalorieKing Calorie, Fat and Carbohydrate Counter is a National Top 100 Best Seller and the most recommended book of its type by health professionals. It's easy

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CalorieKing is an online weight loss club and software developer with a program centred on healthy eating and exercise ("calories in, calories out"). The company

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National Health Information Awards Winner. The Calorieking Doctors Pocket Calorie, Fat & Carbohydrate Counter is a masterpiece of research and painstaking study.

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### **Daily food log**

www.calorieking.com for calorie info, FOOD AMOUNT # Dairy/CALORIES Protein grams Fat grams Carbs grams Fiber grams Sat. Fat grams Non-Dairy servings

### **Calorieking.com site overview - alexa internet**

CalorieKing is America's leading provider of calorie-centric education tools for food awareness. am-i-fat.com: 6. caloriesperhour.com:

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MyPlate Calorie Tracker with Simple One-Click Tracking TM; Stronger, Workout Program with Celebrity Trainer Nicky Holender; Daily Motivations and Tips

**Calorieking calorie, fat and carbohydrate counter**

2015 CalorieKing Calorie, Fat & Carbohydrate Counter by Allan Borushek, Registered Dietitian.

**Fat, calories, calorie count - lifeclinic.com**

Fat and Calories - information about dietary fat, calorie count and weight management